

MENTORSHIP MEETING IDEAS

- **Mentor Interview** – Life is too short not to experience every learning opportunity. Expand your understanding by learning about your mentor’s path to dentistry, what motivates them, what disappoints them, what goals they are working towards, what brick walls they have faced, etc.
- **Shadowing** – Remember when you shadowed dentists prior to dental school to see if you liked the field? Now that you are on track to become a dentist, shadowing your mentor can give you in-depth insight into how to run a business, how to communicate effectively with patients about treatment, how to lead a team, etc.
- **Volunteer Assignment** – Giving back is one of the best ways to build a relationship. Look for ways in the community to serve together. Some ideas could be volunteering at a local free dental clinic or service event together, or it could be at the local food bank.
- **Personal Visions** – Just because you’re both in the dental field doesn’t mean you have to always talk about dentistry. Let’s talk about how to live a successful and meaningful life. What life advice does your mentor have for you? Do you wonder about retirement planning? Do you wonder about work-life balance?
- **Fellowship Planning** – Getting your AGD Fellowship is one of the best ways to demonstrate to yourself, your colleagues and your patients the investment and importance you place on being a skilled and caring dental professional. Work with your mentor to develop a plan and timeline for how you can achieve your Fellowship award.
- **Practice Management/Skills** – If you’re interested in pursuing a career in clinical dentistry, it’s important to understand business and practice management. Work with your mentors to identify the common and important skills one should know as a dental practice owner.
- **Post-Grad Transition** – You will have spent four years in dental school preparing for graduation day. But how do you best navigate the transition period of going from a student to a licensed dentist? Would residency be the right next step for you?
- **Continuing Education** – Learning never ends as a dentist. Find a continuing education course to attend together, whether in person or virtually. Your local constituent might host the perfect event for you both to go to, or you could plan to grab coffee while both attending AGD’s scientific session!