

## **Managing Noncarious Cervical Lesions (NCCLs)**

**Asra Sabir, BDS**

Subject: 250 Operative (Restorative) Dentistry

Credits: 1

Method: Lecture

Thursday, Aug. 15: 7:30–8:30 p.m. CDT

Audience: Dentists

Fee: \$37.50 (students and residents); \$75 (members); \$125 (nonmembers)

### **Description**

Noncarious cervical lesions (NCCLs) are a loss of tooth structure near the gingival margin, typically extending from the cemento-enamel junction (CEJ) onto the root surface. NCCL development generally progresses slowly and typically results in dental sclerosis. Using an evidence-based approach, this quality resource guide (QRG) reviews the risk factors of NCCLs, analyzes their diagnostic characteristics, outlines management approaches and discusses factors to consider when initiating a management plan for patients with NCCLs. The QRG discusses NCCLs' multifactorial etiology and diagnostic characteristics. A review of therapy approaches examines the recommendation of a preventive protocol or restorative management. This QRG will serve as a valuable resource for the dental provider as they assist patients with NCCLs in choosing a therapy approach designed to maximize the health of their dentition and comfort.

### **Learning Objectives**

- Discuss the risk factors of NCCLs.
- Analyze the diagnostic characteristics of NCCLs.
- Outline management approaches for NCCLs.
- Discuss the factors to consider when initiating a preventive protocol for NCCLs.
- Implement the clinical guidelines for restoring NCCLs.

### **Speaker Bio**

Asra Sabir, BDS, has lived in Jeddah, Saudi Arabia, since 1992. She graduated from Batterjee Medical College in 2015, earning her dental degree. Sabir started her career as a clinician, practicing general dentistry as well as managing complex restorative cases and cosmetic dentistry procedures. She attended the University of Michigan in 2019 to pursue postdoctoral certification in restorative dentistry. She is an AGD member. She won the International Award of Excellence in dental expertise as a Young Achiever in 2020. Besides her clinical expertise, she has published numerous clinical research papers in top-notch publications.